

**POTOMAC CASE MANAGEMENT SERVICES, INC.**  
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**REFERRAL GUIDELINES for**  
**ADULT GENERAL CASE MANAGEMENT ELIGIBILITY**

In order to receive mental health case management services a person must be 18 years of age or older, have limited financial resources to obtain required treatment, be a resident of Washington County, elect to receive mental health case management services, be in a federal eligibility category for Maryland Medical Assistance and must meet the following criteria:

- A. Primary Diagnosis: Major mental illness as defined by:
1. Schizophrenic disorder (DSM-III-R 295.00-295.99); or
  2. Major affective disorder (DSM-III-R 296.00-296.99); or
  3. Other psychotic disorder (DSM-III-R 297.00-297.99, 298.90); or
  4. Borderline, schizoid or schizotypal personality disorders (DSM-III-R 301.83, 301.20-301.22) with the exclusion of an abnormality that is manifested only by repeated criminal or otherwise antisocial conduct; and
- B. History of Psychiatric Treatment
1. Single psychiatric hospitalization of six (6) months or more in duration during the past ten (10) years; or
  2. More than one psychiatric hospitalization during the past two (2) years; or
  3. Psychiatric treatment or mental health community support services for six (6) or more months during the past two (2) years; and
- C. Impaired Role Functioning Resulting From Mental Illness
- Meeting at least three (3) of the following five (5) criteria on a continuing or intermittent basis for the last two (2) years:
1. Is unemployed, employed in a sheltered setting or has markedly limited job skills and a poor work history;
  2. Exhibits inappropriate social behavior;
  3. Due to cognitive disorganization is unable to procure the financial assistance necessary to remain in the community;
  4. Is unable to establish or maintain a personal social support system;
  5. Requires that another person assist with daily living skills; and
- D. Meets one of the Following Criteria
1. Is leaving supervised housing;
  2. Has had at least ten (10) state or private psychiatric hospitalizations within the past two (2) years;
  3. Is 18 to 21 years of age and leaving a residential treatment center,

including a state hospital or an out-of-state placement, and needs assistance with transition to adult mental health services;

4. Has been hospitalized for at least 365 days in the past two (2) years;
5. Is a homeless person or a person whose basic human needs are not being met or are being met inappropriately; or

E. Meets Two of the Following Criteria

1. Has had at least two (2) incarcerations for misdemeanors at a local jail within the past two (2) years;
2. Has had six to nine state or private psychiatric hospitalizations within the past two (2) years;
3. Has had at least three (3) emergency room visits within the past six (6) months as the primary site for psychiatric interventions;
4. Has been hospitalized for the treatment of mental illness for at least 180 days in the past two (2) years;
5. Is determined by the provider or the MHA to be vulnerable and at risk of harm to self or from others;
6. Has multiple physical or mental disabilities, as well as needs not being met by the coordinated system of care; or
7. Is in danger of losing the current place of residence.